

# Late Night Basketball

## League Rules

### 1. GENERAL

1.1 Games shall be played in accordance with the current National Federation of High School Basketball League rules, with the exception of any changes specifically stated here.

1.2 Games will be rescheduled if assigned officials do not appear and rescheduling is ordered by the Recreation Division.

**1.2a Each team is required to provide either a scorekeeper or time keeper for their game.**

1.3 The officials contracted by the Late Night Basketball League will be assigned to officiate each game. If no referee appears within 15 minutes after the scheduled game time, or after termination of the preceding game, whichever is later, the game will be rescheduled for later that same night or a later date.

1.4 There will be a 10-minute grace period for the first game only. All games will start on time unless there is an overtime period.

1.5 Teams are allowed to start and /or finish a game with four people.

1.6 - Facility staff will oversee the facility. He/she will interpret all rules and regulations of the center pertaining to the use of the facility.

1.7 - Teams waiting to play the next game should be seated in the stands until time for their game. No shooting during time out or intermission.

1.8 - The home team will be the team on the left side of the schedule.

1.9 - Games will be played with two twenty-minute halves (running clock except for the final two minutes of each half) and three minutes for each overtime period.

1.10 - A minimum of five minutes will be allowed for warm up between games and only three minutes between halves will be allowed.

1.11 - No dunking during the warm-up session. The first dunk, a team will be assessed a technical foul. If a player dunks twice during warm ups he/she will be ejected and

suspended from the next scheduled game and another technical foul will be assessed to the team.

1.12 - Teams will be allowed two timeouts per half, with one additional full time out per overtime period. There will be one minute allowed for time outs.

1.13 - A game will be declared forfeited when:

1. - A team is not ready to play within ten minutes after the scheduled game time or after completion of a preceding game.

2. - A team plays an ineligible player.

1.14 - Criteria for the regular season champions and tournament seedings will be as follows:

1. Top eight teams will advance to the tournament round.

2. The number of wins and losses will determine tournament rankings. If there is a tie, the seeding will be determined by head to head competition.

## **2. TEAMS**

2.1 All participants in the league must meet residents of Arlington County Guidelines.

2.2 All players must be in high school.

2.3 A player may participate on only one team during the season. A player cannot transfer from one team to another. If a player quits a team, he/she cannot play for another team.

2.4 Each team is allowed a maximum of twelve rostered players. Each participant must pay a fee of \$65.00. Financial assistance is available to those who qualify.

2.5 A copy of each player's registration form, and fees must be submitted to the League Commissioner prior to participating in any game. Any release forms not signed by a parent or guardian for a player 17 and under will not be accepted. Players 18 years old can sign their release form.

2.6 The league encourages coaches to have all players play equal playing time in each game.

2.7 There will be no refund on entry fees unless league is cancelled.

### **3. EQUIPMENT**

3.1 Players must remove all jewelry before entering the court.

3.2 A player wearing glasses must have shatterproof lens or an eyeglass protector (e.g. goggles).

### **4. CONDUCT**

4.1 Improper conduct on the part of either player or coaches may result in expulsion or forfeiture of the game, or dismissal from the league. All players and coaches are expected to maintain control of his/her behavior.

4.2 No coach or player is to:

1. Refuse to abide by an official's decision
2. Demonstrate inappropriate behavior by throwing equipment or any other forceful action.
3. Demonstrate any verbal abuse upon an official for any real or imaginary wrong decision or judgement.
4. Demonstrate any abusive or verbal attack upon a player, a coach, or staff.
5. At any time lay hands upon, push, shove, or shake an official.

4.3 If a coach or player is ejected from the game, he/she must leave the gym immediately, and be suspended for the next game.

4.4 Any player or coach involved in any rule infraction will be subject to disciplinary action up to and including removal from the league. The Late Night League Basketball Committee will review all rule infractions within seven days.